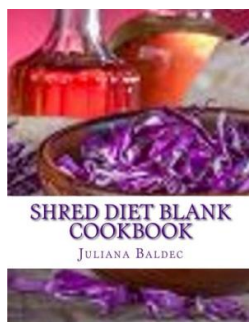


## Shred Diet Blank Cookbook: Note Down Track Your Shred Diet Cooking Results: In Your Personal Shred Diet Blank Recipe Book



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