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# The Manifestation Journal

By Robert L Angus

Theophania Publishing, United States, 2010. Paperback. Book Condition: New. Jason O Connor (illustrator). 234 x 157 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Manifestation Journal utilizes a formula of re-programming our negative self-talk scripts, which further helps us to take consistent action on our goals, and focus our thoughts on positive behavior, so that we can begin to access our hidden resources, to make progress on what we need to do in order to succeed, and to anchor that successful behavior in our daily programming through classical Pavlovian conditioning. You know what you re capable of, be honest with yourself, but also be flexible - meaningful coincidence often occurs for those who are open to miraculous changes in their lives. Creativity and imagination are the keys to making synchronicity work in your life. You communicate with your subconscious mind - the computer which operates behind the scenes - through repetitious thoughts, words, phrases, affirmations, beliefs, and visualizations - all of which are controlled by the active imagination.



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